



Walk in clinic guidelines: when to make an appointment vs. walk in

We are very excited to announce that we will start offering walk-in hours starting January 5th. We will see walk-in patients in the morning from 8-9am at both offices. You do not need an appointment, just arrive at the office between 8:00-8:30 am and we will see your child. We will make every effort to see all walk in patients. If volume is too high, there may be a need to schedule you for a later time the same day.

Our walk in hours are available for minor illnesses and injuries such as:

- Cold and flu symptoms, cough, cold, runny nose, congestion
- Sore throat
- Ear pain
- Fever
- Minor injuries - sprains, strains, cuts and bruises
- Nose bleeds
- Skin rashes, hives, skin infections, bug bites, poison ivy, sunburn
- Stomach virus, food poisoning, vomiting / diarrhea
- Pink eye, styes, eye allergies, eye irritation
- Nasal allergies
- Urinary symptoms

Some conditions may need more time to evaluate and treat and cannot be seen during the walk in hours. Please call and make a scheduled appointment for conditions such as:

- Chronic abdominal pain
- Headaches without illness, migraines
- Concussions
- Fatigue not related to illness
- Wheezing
- Foreign body stuck in the nose or ear
- Mental health concerns

We have appointment openings every day for sick visits, and that is always an option. We want to be able to have adequate time to best serve our patients and families when there is a chronic or more complex illness or condition. If you are not sure which appointment is right for your family, please call the office to talk with our staff about what type of appointment is the best for your child.